

ROAD Shoe Comparison Guide



MAX CUSHION

HIGH CUSHION

MODERATE CUSHION

LOW CUSHION

STYLE

VIA OLYMPUS 2



SPECS

Stack Height 33mm
Drop 0mm
Weight M 11.4oz, W 9.6oz
FootShape Original

KEY FEATURES

High volume, roomiest toe box
 Space for inserts, if/when necessary
 For running, walking, or long days on your feet
 Soft underfoot feel

COMP. PRODUCTS

HOKA Bondi
 Topo Atmos
 Brooks Ghost Max
 ON Cloudmonster
 NB More

VANISH CARBON 2



Stack Height 36mm
Drop 0mm
Weight M 8.1oz, W 5.8oz
FootShape Slim

For race day and speed workouts
 Full-length carbon plate
 Altra EGO™ PRO midsole
 Lightweight and flexible
 Rocker shape for efficient propulsion

Nike Vaporfly NEXT%
 Saucony Endorphin Pro
 Brooks Hyperion Elite
 HOKA Cielo X1
 New Balance RC Elite

EXPERIENCE FLOW



Stack Height M 32mm/28mm, W 30mm/26mm
Drop 4mm
Weight M 8.4oz, W 7.2oz
FootShape Standard

Rocker shape, ideal for those with limited ROM in foot/ankle
 Aids in forward propulsion
 Great transitional shoe (4mm drop)
 Snug heel/midfoot, with roomy toe box

HOKA Clifton
 Asics Novablast
 Topo Cyclone
 Brooks Ghost Max

EXPERIENCE FORM



Stack Height M 32mm/ 28mm, W 30mm/26mm
Drop 4mm
Weight M 9.6oz, W 7.8oz
FootShape Standard

Rocker shape, for limited ROM in foot/ankle
 GuideRail™ technology for medial stability when needed
 Slightly wider footprint compared to Experience Flow

HOKA Arahi
 Saucony Guide
 Topo Ultrafly 4
 Brooks Adenaline GTS

TORIN 7



Stack Height 30mm
Drop 0mm
Weight M 9.8oz, W 8.1oz
FootShape Standard

Comfortable all-day cushion
 Lower volume and slightly firmer underfoot than VIA Olympus
 Available in WIDE

Brooks Glycerin
 NB 1080
 Asics Gel-Nimbus

PARADIGM 7



Stack Height 30mm
Drop 0mm
Weight M 11.8oz, W 9.5oz
FootShape Standard

Higher volume than most Standard Footshape styles
 Great for walking, long days on your feet
 GuideRail™ Technology for medial support, when needed
 Available in WIDE

HOKA Gaviota
 Brooks Glycerin GTS
 Asics Kayano

RIVERA 4



Stack Height 28mm
Drop 0mm
Weight M 10oz, W 7.9oz
FootShape Slim

Lower volume toe box
 Slim fit for narrow feet or transition to a footshaped toe box
 Soft step-in feel

Nike Pegasus
 NB 880
 Saucony Ride
 Brooks Ghost

ESCALANTE 4



Stack Height 24mm
Drop 0mm
Weight M 9.5oz, W 7.5oz
FootShape Standard

For running, gym, or lifestyle
 Roomier toe box and increased flexibility compared to previous version
 For those with healthy mobility through the ankle, foot, and toes

HOKA Rincon
 Saucony Kinvara
 Topo Magnify

ESCALANTE RACER 2



Stack Height 22mm
Drop 0mm
Weight M 8.8oz, W 6.4oz
FootShape Standard

Knit upper for a roomy fit and a wide range of feet
 Firmer foam than Escalante 4
 For workouts (run or gym), with a minimal feel and ground connection
 For those with healthy mobility through the big toe, foot and ankle

Saucony Sinister
 Hoka Cielo Road
 Topo ST

SOLSTICE XT 2



Stack Height 23mm
Drop 0mm
Weight M 10oz, W 8.3oz
FootShape Standard

Perfect for the gym, road runs, or everyday wear
 Caged upper for lateral support
 Firmer underfoot for ground proprioception while strength training

ON Cloud X/Cloud Pulse
 NB Minimus TR BOA
 Topo ST

TRAIL Shoe Comparison Guide



MAX CUSHION

HIGH CUSHION

MODERATE CUSHION

LOW CUSHION

STYLE

OLYMPUS 6



SPECS

Stack Height 33mm
Drop 0mm
Weight M 12.2oz, W 10.2oz
FootShape Original

KEY FEATURES

Vibram® Megagrip outsole
 High volume, roomy toe box
 Available in GORE-TEX (NOTE: GTX fits slightly snugger)
 Plush underfoot feel and extra padding for Achilles
 Stiffer than VIA Olympus

COMP. PRODUCTS

Hoka Stinson
 NB More Trail
 Asics Trabuco Max

OLYMPUS 6 HIKE MID GTX



Stack Height 33mm
Drop 0mm
Weight M 18.6oz, W 15oz
FootShape Original

Vibram® Megagrip outsole for grip and traction
 High volume, roomy fit for long hikes
 Plush underfoot feel
 Leather upper
 Premium hiking boot with ankle support

NB Hierro Mid GTX
 Saucony Ultra Ridge GTX
 ON Cloud Alpine GTX
 Hoka Kaha GTX

MONT BLANC CARBON



Stack Height 36mm
Drop 0mm
Weight M 7oz, W 6.5oz
FootShape Standard

Full-length carbon plate
 Altra EGO™ PRO midsole foam
 Lightweight, flexible racing shoe
 Rocker shape for forward propulsion

Nike Ultrafly
 Saucony Endorphin Edge
 TNF Vectiv Sky
 Hoka Tecton X
 Adidas Agravic Speed Ultra

EXPERIENCE WILD



Stack Height M 32mm/28mm, W 30mm/26mm
Drop 4mm
Weight M 10oz, W 8.7oz
FootShape Standard

Rocker shape, for limited range of motion in foot/ankle
 Trail version of Experience Flow
 Great transitional shoe (4mm drop)

Nike Wildhorse
 Hoka Challenger
 Brooks Cascadia
 Topo Ultraventure 3
 Nike Pegasus Trail

TIMP 5



Stack Height 29mm
Drop 0mm
Weight M 9.8oz, W 8.6oz
FootShape Standard

Rugged, secure upper material
 Lower volume toe box than Lone Peak
 Vibram® Megagrip outsole for traction on wet/dry surfaces

Hoka Speedgoat
 Nike Zegama
 Brooks Caldera

Available in GORE-TEX (7/1/24)

TIMP HIKER GTX



Stack Height 29mm
Drop 0mm
Weight M 13oz, W 10oz
FootShape Standard

Hiker version of the Timp 5
 Available in both GTX and non-GTX (NOTE: GTX fits slightly snugger)
 Lower volume than Olympus Mid GTX

Salomon X Ultra Mid GTX
 La Sportiva Nucleo High GTX
 ON Cloud Rock
 Hoka Speedgoat Mid GTX
 Topo Trailventure 2 WP

LONE PEAK 8



Stack Height 25mm
Drop 0mm
Weight M 10.7oz, W 9.1oz
FootShape Original

High volume, roomy toe box for a classic Altra fit
 Great all-rounder for the trails, walking, or casual wear
 Available in WIDE, and waterproof version (NOTE: waterproof fits slightly snugger)

Hoka Torrent
 Saucony Peregrine
 Topo Terraventure

LONE PEAK ALL-WTHR MID 2



Stack Height 25mm
Drop 0mm
Weight M 15oz, W 12oz
FootShape Original

Comfort of a trail runner with support of a hiking boot
 More connection to the ground than Timp/Olympus hikers
 Available in ALL-WEATHER and non-waterproof

Salomon Outpulse Mid GTX
 Columbia Facet Outdry
 Waterproof

LONE PEAK ALL-WTHR LOW 2



Stack Height 25mm
Drop 0mm
Weight M 13.2oz, W 10.4oz
FootShape Original

Waterproof, lightweight bootie construction
 Our roomiest toe box, but less volume compared to regular Lone Peak
 Grippy outsole and cushion for all-day comfort with ground connection

Flux Adapt Trail Waterproof
 Keen Versacore
 Waterproof
 Topo Terraventure WP

SUPERIOR 6



Stack Height 21mm
Drop 0mm
Weight M 9.5oz, W 8.1oz
FootShape Standard

Lower volume fit in the toe box
 Lowest stack height in Altra lineup, for a close connection to the ground
 For those with healthy mobility in the ankle, foot, and toes

Merrell Trail Glove
 Xero Mesa Trail
 Nike Terra Kiger
 Topo Runventure